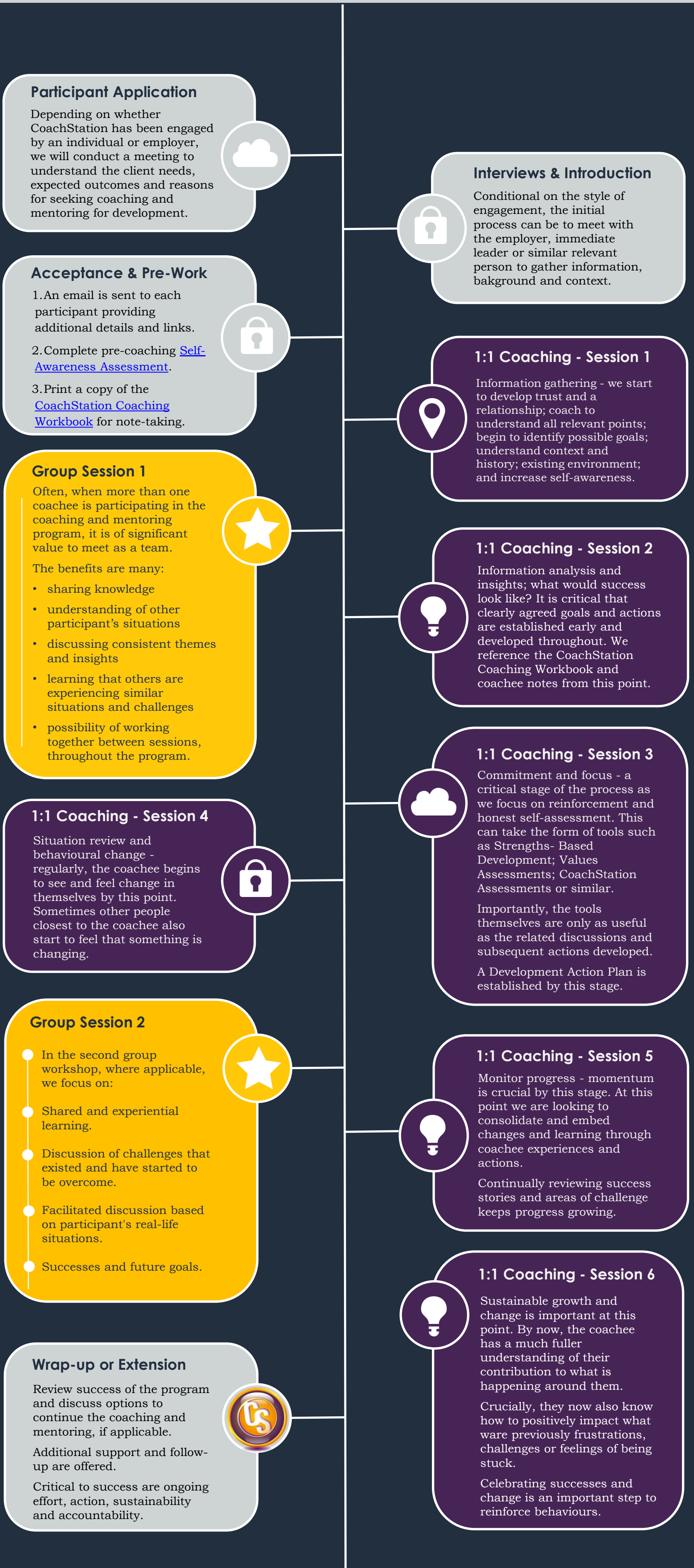


CoachStation: Coaching Process

The timeline below provides an overview of the CoachStation coaching program and related content, designed for most impact.

The initial stages represent 6 individual 1:1 coaching sessions, plus an option for 2 group sessions, where relevant.

It is important to recognise that all of our programs are tailored, based on the client need, so the example below is a sample only.



Our coaching and mentoring track record, genuine leadership experience and business acumen provide the best opportunity to help people and leaders improve. Improvement is guaranteed as we care about making the difference through real partnerships, trust and relationships.

Want to learn more or find more details?
Great!
Email us today.

Contact CS