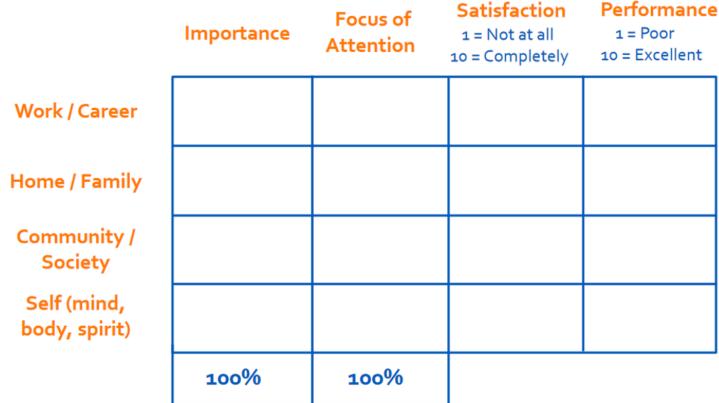
## Take the four-way view







Resources and Background Reading from Stew Friedman

Take 5: Wharton Professor Stew Friedman on Four-Way Wins

Four-way Win: How to Integrate Work, Home, Community and Self

Reduce Stress by Pursuing Four-Way Wins